

What is claimed is:

1. A plastic food container with a pop-open lid, comprising:
  - a container body having a lower tab protruding outward from the body;
  - a removable and reclosable lid adapted to fit over and seal the top of the body in a closed position, the lid having an upper tab protruding outward from the lid, aligning with the lower tab in the closed position;
  - the lower and upper tabs including protrusions facing each other and arranged to contact each other in the closed position;
- whereby, when outside edges of the upper and lower tabs are squeezed together by fingers of a user, the upper tab lifts the lid away from the body so as to open the container.